



The National School of Aesthetics
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Appendix 1: Course Descriptions

Each programme we offer is comprised of several courses. In this section, each programme is listed with its associated courses. **You must undertake all courses listed unless you have gained Recognition of Prior Learning (RPL) or it is listed under an “optional courses” heading.** See the Our Programmes section of this document for definition of terms and other information.

In This Section

The courses, including course names, course codes, credits in each course and levels of each course, in these programmes:

- [New Zealand Certificate in Beauty Therapy \(Level 4\) \[NZ3444\]](#)
- [New Zealand Certificate in Nail Technology \(Level 4\) \[NZ3443\]](#)
- [New Zealand Diploma in Beauty Therapy \(Level 5\) \[NZ3445\]](#)

We also include [details on how specific courses relate to one another from programme to programme.](#)

New Zealand Certificate in Beauty Therapy (Level 4) [NZ3444]

From February 2025, we are using version 2 of the New Zealand Certificate in Beauty Therapy programme and qualification. There are slight changes in this programme from version 1.

Course Name	Code	Version	Credits	Level
Demonstrate client care and communication	BT4011	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate appropriate client care; and 2. Demonstrate appropriate client communication. 				
Employ hygiene and sterilisation within health and safety requirements	BT4012	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of hygiene and sterilisation methods common in a beauty industry context; 2. Employ hygiene and sterilisation methods common in a beauty industry context; demonstrate protection of the health and safety of the client and the therapist; 3. Prepare the working area, including electrical equipment where required, bearing hygiene, health and safety in mind; and 4. Demonstrate and apply knowledge of the therapist's responsibilities under the Health and Safety at Work Act, its subsequent amendments, and other related health and safety laws and their subsequent amendments. 				
Demonstrate professionalism in a beauty industry context	BT4013	2.0	2	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of professional working relationships with others in a beauty industry context; 2. Use professional appearance and behaviours in a beauty industry context; and 3. Demonstrate knowledge of the concepts Code of Ethics and Continual Professional Development. 				
Demonstrate knowledge of items and events related to accidents and emergencies in a beauty industry context	BT4014	2.0	1	2
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of items and events related to accidents and emergencies in the beauty therapy clinic. <p><i>Critical health and safety prerequisites:</i> The student will need to hold a current, appropriate first aid certificate, covering at minimum the contents of unit standards 6401, <i>Provide first aid</i>, and 6402, <i>Provide basic life support</i>, or their equivalents.</p>				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge of care of electrical equipment in a beauty therapy context	BT4015	2.0	1	3
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of basic safety checks for electrical equipment in a beauty industry context; and 2. Demonstrate knowledge of the structure and function of key electrical equipment components in a beauty industry context. 				
Perform pre-treatment consultation tasks in a beauty industry context	BT4021	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of communication skills relevant to a consultation in a beauty industry context; 2. Design a consultation form in a beauty industry context; and 3. Conduct a consultation and in-depth analysis, using a consultation form, in a beauty industry context. 				
Develop and employ a treatment plan based on pre-treatment consultation tasks in a beauty industry context	BT4022	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Develop and employ a treatment plan to meet the requirements of the client; 2. Determine the desired outcomes are being met during and after the treatment; and 3. Update the consultation form before a subsequent treatment using information supplied by the client and observations. 				
Perform post-treatment consultation tasks in a beauty industry context	BT4023	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform post-treatment consultation tasks in a beauty industry context. 				
Demonstrate and apply knowledge of contraindications for manicure and pedicure treatments	BT4031	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to manicure and pedicure treatments; and 2. Apply knowledge of contraindications to manicure and pedicure treatments. 				

Course Name	Code	Version	Credits	Level
Demonstrate and apply knowledge of cosmetic products and tools for manicure and pedicure treatments	BT4032	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of cosmetic products and tools for manicure and pedicure treatments; and 2. Apply knowledge of cosmetic products and tools for manicure and pedicure treatments. 				
Perform a manicure treatment or pedicure treatment	BT4033	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform a manicure or pedicure treatment; and 2. Demonstrate knowledge of specialised nail treatments and enhancements. 				
Demonstrate and apply knowledge of contraindications for manual facial and skin care services	BT4041	2.0	6	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to manual facial and skin care services; 2. Demonstrate knowledge of skin diseases and disorders, and their contraindication status; 3. Demonstrate knowledge of the environmental and lifestyle factors that can affect the condition of the skin; 4. Demonstrate knowledge of contraindications and contra-actions of the eye area in a beauty industry context; and 5. Apply knowledge of contraindications to manual facial and skin care services, including skin diseases and disorders, environmental and lifestyle factors affecting the skin, and of the eye area in a beauty industry context. 				
Demonstrate and apply knowledge of contraindications for basic facial electrical treatments	BT4042	2.0	2	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to deep cleansing treatments; and 2. Apply knowledge of contraindications to deep cleansing treatments. 				

Course Name	Code	Version	Credits	Level
Perform a facial treatment	BT4043	2.0	6	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform a superficial cleanse; 2. Perform a toning treatment; 3. Perform pre-heat treatments; 4. Perform manual deep cleansing; 5. Perform a skin analysis; 6. Perform a facial massage; and 7. Apply a facial mask. 				
Perform enhancement services to the appearance of eyebrows and eyelashes	BT4044	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform eyelash and eyebrow tinting treatments; 2. Perform an eyebrow tweezing treatment; and 3. Perform an advanced eye enhancement treatment. 				
Perform basic facial electrical treatments	BT4045	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for basic facial electrical treatments; and 2. Perform an electronic deep cleansing treatment. 				
Perform a make-up service	BT4046	2.0	5	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for a make-up service; and 2. Perform a make-up service. 				
Demonstrate and apply knowledge of cosmetic products for facial and skin care services	BT4047	2.0	6	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the sources of common materials and product types for facial and skin care products; 2. Demonstrate knowledge of the main ingredients for facial and skin care products and their effects; and 3. Apply knowledge of facial and skin care products. 				

Course Name	Code	Version	Credits	Level
Demonstrate and apply knowledge of contraindications for hair removal services	BT4051	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to hair removal services; and 2. Apply knowledge of contraindications to hair removal services. 				
Demonstrate and apply knowledge of contraindications for body care services	BT4052	2.0	8	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to massage treatments; 2. Demonstrate knowledge of contraindications to exercise; 3. Demonstrate knowledge of contraindications to body exfoliation treatments; 4. Demonstrate knowledge of contraindications to body wraps and body mask treatments; and 5. Apply knowledge of contraindications for body care services. 				
Perform waxing treatments	BT4053v2	2.0	8	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Use the correct products, tools and techniques during waxing treatments; 2. Perform standard waxing treatments; and 3. Perform advanced waxing treatments. 				
Demonstrate and apply knowledge of cosmetic products for manual hair removal and body care services	BT4054	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the composition of and ingredients in depilatory products; 2. Demonstrate knowledge of the composition of and ingredients in massage media; 3. Demonstrate knowledge of the composition of and the ingredients in body wraps and exfoliation products; 4. Demonstrate knowledge of the composition of and the ingredients in spray tanning products; and 5. Apply knowledge of products for manual hair removal and body care services. 				
Perform a Swedish body massage	BT4055	2.0	5	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the history and development of Swedish body massage; and 2. Perform a Swedish body massage. 				

Course Name	Code	Version	Credits	Level
Perform body wraps and exfoliation treatments	BT4058	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform body exfoliation treatments; and 2. Perform body wraps and masks. 				
Perform spray tanning services and demonstrate knowledge of tanning services theory	BT4059	2.0	1	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge related to spray tanning and UV tanning treatments; 2. Prepare for a spray tanning treatment; and 3. Perform a spray tanning treatment. 				
Demonstrate knowledge of human anatomy and physiology in a beauty industry context	BT4061	2.0	8	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the skeletal system; 2. Demonstrate knowledge of the anatomy and physiology of the muscular system; 3. Demonstrate knowledge of the anatomy and physiology of the cell; 4. Demonstrate knowledge of the anatomy and physiology of the circulatory system; 5. Demonstrate knowledge of the anatomy and physiology of the lymphatic system; 6. Demonstrate knowledge of the anatomy and physiology of the nervous system; 7. Demonstrate knowledge of the anatomy and physiology of the endocrine system; 8. Demonstrate knowledge of the anatomy and physiology of the respiratory system; 9. Demonstrate knowledge of the anatomy and physiology of the digestive system; 10. Demonstrate knowledge of the anatomy and physiology of the urinary system; and 11. Demonstrate knowledge of the anatomy and physiology of the reproductive system. 				
Demonstrate knowledge of electricity and basic physics in a beauty industry context	BT4062	2.0	2	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of basic concepts related to electricity and physics in a beauty industry context. 				

Course Name	Code	Version	Credits	Level
Demonstrate and apply knowledge of basic nutrition to provide nutritional advice in a beauty industry context	BT4071	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of food and diet and the basic various nutrients in food in a beauty industry context; 2. Demonstrate knowledge of common diseases and disorders due to nutritional deficiencies; and 3. Prepare basic nutritional advice for the healthy skin and body of a client in a beauty industry context. 				
Demonstrate knowledge of the anatomy and physiology of the skin in a beauty industry context	BT4081	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the skin; and 2. Demonstrate knowledge of skin diseases and disorders. 				
Demonstrate knowledge of the anatomy and physiology of the nail in a beauty industry context	BT4082	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the nail; and 2. Demonstrate knowledge of nail diseases and disorders and factors affecting nail growth. 				
Demonstrate knowledge of the anatomy and physiology of the hair in a beauty industry context	BT4083	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the hair; and 2. Demonstrate knowledge of hair diseases and disorders and factors affecting hair growth. 				
Demonstrate reception skills and services in a beauty industry context	BT4091	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate interpersonal reception skills in a beauty industry context; and 2. Demonstrate reception and customer services in a beauty industry context. 				

Course Name	Code	Version	Credits	Level
Demonstrate client sales and transaction services in a beauty industry context	BT4092	2.0	2	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate basic principles of selling retail products in a beauty industry context; and 2. Conduct conventional transactions in a beauty industry context. 				
Demonstrate knowledge about contributing to the operation of a small beauty sector business	BT4101	2.0	5	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the financial requirements and implications of operating a small beauty business; 2. Demonstrate knowledge of legal requirements and obligations of operating a small beauty business; and 3. Demonstrate knowledge of presenting, advertising and marketing a small beauty business. 				

New Zealand Certificate in Nail Technology (Level 4) [NZ3443]

From February 2025, we are using version 2 of the New Zealand Certificate in Nail Technology programme and qualification. There are no changes in this programme from version 1.

Course Name	Code	Version	Credits	Level
Demonstrate client care and communication	NT4011	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate appropriate client care; and 2. Demonstrate appropriate client communication. 				
Employ hygiene and sterilisation within health and safety requirements	NT4012	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of hygiene and sterilisation methods common in a beauty industry context 2. Employ hygiene and sterilisation methods common in a beauty industry context; 3. Demonstrate protection of the health and safety of the client and the therapist; 4. Prepare the working area, including electrical equipment where required, bearing hygiene, health and safety in mind; and 5. Demonstrate and apply knowledge of the therapist's responsibilities under the Health and Safety at Work Act, its subsequent amendments, and other related health and safety laws and their subsequent amendments. 				
Demonstrate professionalism in a beauty industry context	NT4013	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of professional working relationships with others in a beauty industry context; 2. Use professional appearance and behaviours in a beauty industry context; and 3. Demonstrate knowledge of the concepts Code of Ethics and Continual Professional Development. 				
Demonstrate knowledge of items and events related to accidents and emergencies in a beauty industry context	NT4014	2.0	2	2
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of items and events related to accidents and emergencies in the beauty therapy clinic. <p><i>Critical health and safety prerequisites:</i> The student will need to hold a current, appropriate first aid certificate, covering at minimum the contents of unit standards 6401, <i>Provide first aid</i>, and 6402, <i>Provide basic life support</i>, or their equivalents.</p>				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge of care of electrical equipment in a beauty therapy context	NT4015	2.0	2	3
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of basic safety checks for electrical equipment in a beauty industry context; and 2. Demonstrate knowledge of the structure and function of key electrical equipment components in a beauty industry context. 				
Perform pre-treatment consultation tasks in a nail technology context	NT4021	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of communication skills relevant to a consultation in a nail technology context; 2. Design a consultation form in a nail technology context; and 3. Conduct a consultation and in-depth analysis, using a consultation form, in a nail technology context. 				
Develop and employ a treatment plan based on pre-treatment consultation tasks in a nail technology context	NT4022	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Develop and employ a treatment plan to meet the requirements of the client; 2. Determine the desired outcomes are being met during and after the treatment; and 3. Update the consultation form before a subsequent treatment using information supplied by the client and observations. 				
Perform post-treatment consultation tasks in a nail technology context	NT4023	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform post-treatment consultation tasks in a beauty industry context. 				
Demonstrate and apply knowledge of contraindications for manicure and pedicure treatments	NT4031	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to manicure and pedicure treatments; and 2. Apply knowledge of contraindications to manicure and pedicure treatments. 				

Course Name	Code	Version	Credits	Level
Demonstrate and apply knowledge of cosmetic products and tools for manicure and pedicure treatments	NT4032	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of cosmetic products and tools for manicure and pedicure treatments; and 2. Apply knowledge of cosmetic products and tools for manicure and pedicure treatments. 				
Perform a manicure treatment or pedicure treatment	NT4033	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform a manicure or pedicure treatment; and 2. Demonstrate knowledge of specialised nail treatments and enhancements. 				
Demonstrate and apply knowledge of contraindications for nail augmentation and nail art services	NT4041	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to nail augmentation and nail art services; 2. Demonstrate knowledge of skin diseases and disorders and demonstrate knowledge of their contraindication status; and 3. Apply knowledge of contraindications to nail augmentation and nail art services, including skin diseases and disorders. 				
Demonstrate and apply knowledge of cosmetic products and tools for nail augmentation and nail art services	NT4042	2.0	4	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of cosmetic products and tools for nail augmentation and nail art services; 2. Apply knowledge of cosmetic products and tools for nail augmentation and nail art services; 3. Demonstrate knowledge of various scientific concepts surrounding nail augmentation and nail art products; and 4. Apply knowledge of various scientific concepts surrounding nail augmentation and nail art products. 				

Course Name	Code	Version	Credits	Level
Perform nail augmentation services	NT4043	2.0	32	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for nail augmentation services; 2. Perform nail augmentation services; 3. Perform "in-filling" services; 4. Perform nail augmentation removal services; and 5. Demonstrate and apply knowledge of possible adverse reactions to nail augmentation services and their causes. 				
Perform nail art services	NT4051	2.0	8	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for nail art services; 2. Perform nail art services; and 3. Demonstrate and apply knowledge of possible adverse reactions to nail art services and their causes. 				
Demonstrate knowledge of human anatomy and physiology in a nail technology context	BT4061	2.0	6	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the skeletal system in a nail technology context; 2. Demonstrate knowledge of the anatomy and physiology of the muscular system in a nail technology context; 3. Demonstrate knowledge of the anatomy and physiology of the cell in a nail technology context; 4. Demonstrate knowledge of the anatomy and physiology of the circulatory system in a nail technology context; and 5. Demonstrate knowledge of the anatomy and physiology of the lymphatic system in a nail technology context. 				
Demonstrate knowledge of the anatomy and physiology of the skin in a nail technology context	NT4062	2.0	2	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the skin relevant to nail services. 				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge of the anatomy and physiology of the nail in a nail technology context	NT4063	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the nail relevant to nail services. 				
Demonstrate knowledge of the anatomy and physiology of the hair in a nail technology context	NT4064	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the hair relevant to nail services. 				
Demonstrate and apply knowledge of diseases and disorders of the nail and related to the nail in a nail technology context	NT4071	2.0	5	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of nail diseases and disorders and factors affecting nail growth; 2. Demonstrate knowledge of skin diseases and disorders relevant to nail services; 3. Demonstrate knowledge of hair diseases and disorders and factors affecting hair growth relevant to nail services; and 4. Apply knowledge of nail, skin, and hair diseases and disorders and factors affecting growth, including possible implications, to nail services. 				
Demonstrate reception skills and services in a beauty industry context	NT4081	2.0	6	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate interpersonal reception skills in a beauty industry context; and 2. Demonstrate reception and customer services in a beauty industry context. 				
Demonstrate client sales and transaction services in a beauty industry context	NT4082	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate basic principles of selling retail products in a beauty industry context; and 2. Conduct conventional transactions in a beauty industry context. 				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge about contributing to the operation of a small beauty sector business	NT4091	2.0	5	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the financial requirements and implications of operating a small beauty business; 2. Demonstrate knowledge of legal requirements and obligations of operating a small beauty business; and 3. Demonstrate knowledge of presenting, advertising and marketing a small beauty business. 				
Design a layout plan for a clinic and create a basic business plan, including costing and resources	NT4092	2.0	5	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Design a layout plan for a fictional clinic with supporting information; and 2. Create a basic business plan, including costing and resources. 				

New Zealand Diploma in Beauty Therapy (Level 5) [NZ3445]

From February 2025, we are using version 2 of the New Zealand Diploma in Beauty Therapy programme and qualification. There are no changes in this programme from version 1.

Course Name	Code	Version	Credits	Level
Demonstrate client care and communication	BT5011	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate appropriate client care; and 2. Demonstrate appropriate client communication. <p><i>Restrictions / Cross crediting:</i> BT4011 – <i>Demonstrate client care and communication</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				
Employ hygiene and sterilisation within health and safety requirements	BT5012	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of hygiene and sterilisation methods common in a beauty industry context; 2. Employ hygiene and sterilisation methods common in a beauty industry context; demonstrate protection of the health and safety of the client and the therapist; 3. Prepare the working area, including electrical equipment where required, bearing hygiene, health and safety in mind; and 4. Demonstrate and apply knowledge of the therapist’s responsibilities under the Health and Safety at Work Act, its subsequent amendments, and other related health and safety laws and their subsequent amendments. <p><i>Restrictions / Cross crediting:</i> BT4012 – <i>Employ hygiene and sterilisation with health and safety requirements</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				
Demonstrate professionalism in a beauty industry context	BT5013	2.0	2	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of professional working relationships with others in a beauty industry context; 2. Use professional appearance and behaviours in a beauty industry context; and 3. Demonstrate knowledge of the concepts Code of Ethics and Continual Professional Development. <p><i>Restrictions / Cross crediting:</i> BT4013 – <i>Demonstrate professionalism in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge of items and events related to accidents and emergencies in a beauty industry context	BT5014	2.0	1	2
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of items and events related to accidents and emergencies in the beauty therapy clinic. <p><i>Critical health and safety prerequisites:</i> The student will need to hold a current, appropriate first aid certificate, covering at minimum the contents of unit standards 6401, <i>Provide first aid</i>, and 6402, <i>Provide basic life support</i>, or their equivalents.</p> <p><i>Restrictions / Cross crediting:</i> BT4014 – <i>Demonstrate knowledge of items and events related to accidents and emergencies in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				
Demonstrate knowledge of care of electrical equipment in a beauty therapy context	BT5015	2.0	1	3
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of basic safety checks for electrical equipment in a beauty industry context; and 2. Demonstrate knowledge of the structure and function of key electrical equipment components in a beauty industry context. <p><i>Restrictions / Cross crediting:</i> BT4015 – <i>Demonstrate knowledge of care of electrical equipment in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				
Apply professional standards, including health, safety, and hygiene obligations, to advanced beauty services	BT5016	2.0	5	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Apply appropriate client care and communication in a beauty industry context; 2. Apply hygiene and sterilisation methods within health and safety requirements for advanced beauty services; 3. Apply professionalism to advanced beauty services in a beauty industry context; and 4. Apply knowledge of care of electrical equipment to advanced beauty services in a beauty industry context. 				

Course Name	Code	Version	Credits	Level
Perform pre-treatment consultation tasks in a beauty industry context	BT5021	2.0	4	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate and apply knowledge of communication skills relevant to a consultation in a beauty industry context; 2. Design a consultation form in a beauty industry context; and 3. Conduct a consultation and in-depth analysis, using a consultation form, in a beauty industry context. <p><i>Restrictions / Cross crediting:</i> BT4021 – <i>Perform pre-treatment consultation tasks in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				
Develop and employ a treatment plan based on pre-treatment consultation tasks in a beauty industry context	BT5022	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Develop and employ a treatment plan to meet the requirements of the client; 2. Determine the desired outcomes are being met during and after the treatment; and 3. Update the consultation form before a subsequent treatment using information supplied by the client and observations. <p><i>Restrictions / Cross crediting:</i> BT4022 – <i>Develop and employ a treatment plan based on pre-treatment consultation tasks in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				
Perform post-treatment consultation tasks in a beauty industry context	BT5023	2.0	3	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform post-treatment consultation tasks in a beauty industry context. <p><i>Restrictions / Cross crediting:</i> BT4023 – <i>Perform post-treatment consultation tasks in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge.</p>				

Course Name	Code	Version	Credits	Level
Demonstrate and apply knowledge of contraindications for basic facial electrical treatments	BT5031	2.0	2	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to deep cleansing treatments; and 2. Apply knowledge of contraindications to deep cleansing treatments. <p><i>Restrictions / Cross crediting:</i> BT4042 – <i>Demonstrate and apply knowledge of contraindications for basic facial electrical treatments</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Perform basic facial electrical treatments	BT5032	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for basic facial electrical treatments; and 2. Perform an electronic deep cleansing treatment. <p><i>Restrictions / Cross crediting:</i> BT4045 – <i>Perform basic facial electrical treatments</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Demonstrate and apply knowledge of contraindications for advanced beauty electrical treatments and advanced beauty therapy services	BT5033	2.0	8	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to advanced electrical beauty treatments and advanced beauty therapy services; and 2. Apply knowledge of contraindications to advanced electrical beauty treatments and advanced beauty therapy services. 				
Perform advanced facial electrical treatments and advanced facial beauty therapy services	BT5034	2.0	14	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for advanced facial electrical treatments and advanced facial beauty therapy services; and 2. Perform advanced facial electrical treatments and advanced facial beauty therapy services. 				

Course Name	Code	Version	Credits	Level
Demonstrate and apply knowledge of contraindications for advanced hair removal services	BT5041	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of contraindications to advanced hair removal services; and 2. Apply knowledge of contraindications to advanced hair removal services. <p><i>Restrictions / Cross crediting:</i> BT4051 – <i>Demonstrate and apply knowledge of contraindications for hair removal services</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Perform body wraps and exfoliation treatments	BT5042	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform body exfoliation treatments; and 2. Perform body wraps and masks. <p><i>Restrictions / Cross crediting:</i> BT4058 – <i>Perform body wraps and exfoliation treatments</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Perform advanced body electrical treatments	BT5043	2.0	11	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Prepare for advanced body electrical; and 2. Perform advanced body electrical treatments. 				
Perform a short-wave diathermy electrology treatment	BT5051	2.0	10	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform further pre-treatment and post-treatment consultation tasks for a short-wave diathermy electrology treatment; 2. Prepare for a short-wave diathermy electrology treatment; 3. Perform a short-wave diathermy electrology treatment; and 4. Demonstrate and apply knowledge of possible adverse reactions to a short-wave diathermy electrology treatment and their causes. 				

Course Name	Code	Version	Credits	Level
Perform a blend galvanic electrology treatment	BT5052	2.0	10	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Perform further pre-treatment and post-treatment consultation tasks for a blend (galvanic) electrology treatment; 2. Prepare for a blend (galvanic) electrology treatment; 3. Perform a blend (galvanic) electrology treatment; and 4. Demonstrate and apply knowledge of possible adverse reactions to a blend (galvanic) electrology treatment and their causes. 				
Demonstrate knowledge of human anatomy and physiology in a beauty industry context	BT5061	2.0	8	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the skeletal system; 2. Demonstrate knowledge of the anatomy and physiology of the muscular system; 3. Demonstrate knowledge of the anatomy and physiology of the cell; 4. Demonstrate knowledge of the anatomy and physiology of the circulatory system; 5. Demonstrate knowledge of the anatomy and physiology of the lymphatic system; 6. Demonstrate knowledge of the anatomy and physiology of the nervous system; 7. Demonstrate knowledge of the anatomy and physiology of the endocrine system; 8. Demonstrate knowledge of the anatomy and physiology of the respiratory system; 9. Demonstrate knowledge of the anatomy and physiology of the digestive system; 10. Demonstrate knowledge of the anatomy and physiology of the urinary system; and 11. Demonstrate knowledge of the anatomy and physiology of the reproductive system. <p><i>Restrictions / Cross crediting:</i> BT4061 – <i>Demonstrate knowledge of human anatomy and physiology in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Demonstrate knowledge of electricity and basic physics in a beauty industry context	BT5062	2.0	2	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of basic concepts related to electricity and physics in a beauty industry context. <p><i>Restrictions / Cross crediting:</i> BT4062 – <i>Demonstrate knowledge of electricity and basic physics in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge about contributing to the operation of a small beauty sector business	BT5071	2.0	5	4
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the financial requirements and implications of operating a small beauty business; 2. Demonstrate knowledge of legal requirements and obligations of operating a small beauty business; and 3. Demonstrate knowledge of presenting, advertising and marketing a small beauty business. <p><i>Restrictions / Cross crediting:</i> BT4101 – <i>Demonstrate knowledge about contributing to the operation of a small beauty sector business</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Demonstrate knowledge about managing the operation of a small beauty sector business	BT5072	2.0	5	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of documented policies and procedures in a small beauty sector business; and 2. Demonstrate knowledge of important concepts related to managing the operation of a small beauty sector business. 				
Demonstrate knowledge of the anatomy and physiology of the skin in a beauty industry context	BT5081	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the skin; and 2. Demonstrate knowledge of skin diseases and disorders. <p><i>Restrictions / Cross crediting:</i> BT4081 – <i>Demonstrate knowledge of the anatomy and physiology of the skin in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Demonstrate knowledge of the anatomy and physiology of the nail in a beauty industry context	BT5082	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the nail; and 2. Demonstrate knowledge of nail diseases and disorders and factors affecting nail growth. <p><i>Restrictions / Cross crediting:</i> BT4082 – <i>Demonstrate knowledge of the anatomy and physiology of the nail in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				

Course Name	Code	Version	Credits	Level
Demonstrate knowledge of the anatomy and physiology of the hair in a beauty industry context	BT5083	2.0	1	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of the anatomy and physiology of the hair; and 2. Demonstrate knowledge of hair diseases and disorders and factors affecting hair growth. <p><i>Restrictions / Cross crediting:</i> BT4083 – <i>Demonstrate knowledge of the anatomy and physiology of the hair in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Demonstrate and apply knowledge of basic nutrition to provide nutritional advice in a beauty industry context	BT5091	2.0	3	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate knowledge of food and diet and the basic various nutrients in food in a beauty industry context; 2. Demonstrate knowledge of common diseases and disorders due to nutritional deficiencies; and 3. Prepare basic nutritional advice for the healthy skin and body of a client in a beauty industry context. <p><i>Restrictions / Cross crediting:</i> BT4071 – <i>Demonstrate and apply knowledge of basic nutrition to provide nutritional advice in a beauty industry context</i> in the New Zealand Certificate in Beauty Therapy programme or equivalent skills or knowledge</p>				
Create, monitor and revise nutritional plans for clients in an advanced beauty industry context	BT5092	2.0	7	5
<p>On successful completion of this component, the learners will be able to:</p> <ol style="list-style-type: none"> 1. Design a nutrition plan template for use in an advanced beauty industry context; 2. Conduct a nutritional consultation and in-depth analysis, using a nutrition plan template, in a beauty industry context; 3. Develop and employ a nutrition plan to meet the requirements of the client; 4. Monitor, evaluate and adapt the nutrition plan; 5. Perform post-monitoring nutritional consultation tasks; and 6. Conclude, and analyse the results of, the nutrition plan. 				

Programmes and Courses Chart

NZ3443

New Zealand Certificate in Nail Technology (Level 4)

NZ3445

New Zealand Diploma in Beauty Therapy (Level 5)

NZ3444

New Zealand Certificate in Beauty Therapy (Level 4)

Course Name	NZ3443	NZ3444	NZ3445
Demonstrate client care and communication	NT4011	BT4011	BT5011
Employ hygiene and sterilisation with health and safety requirements	NT4012	BT4012	BT5012
Demonstrate professionalism in a beauty industry context	NT4013	BT4013	BT5013
Demonstrate knowledge of items and events related to accidents and emergencies in a beauty industry context	NT4014	BT4014	BT5014
Demonstrate knowledge of care of electrical equipment in a beauty industry context	NT4015	BT4015	BT5015
Apply professional standards, including health, safety, and hygiene obligations, to advanced beauty services			BT5016
Perform pre-treatment consultation tasks...	NT4021	BT4021	BT5021
Develop and employ a treatment plan based on pre-treatment consultation tasks	NT4022	BT4022	BT5022
Perform post-treatment consultation tasks...	NT4021	BT4023	BT5023

Course Name	NZ3443	NZ3444	NZ3445
Demonstrate and apply knowledge of contraindications for manicure and pedicure treatments	NT4031	BT4031	
Demonstrate and apply knowledge of cosmetic products and tools for manicure and pedicure treatments	NT4032	BT4032	
Perform a manicure or pedicure treatment	NT4033	BT4033	
Demonstrate and apply knowledge of contraindications for nail augmentation and nail art services	NT4041		
Demonstrate and apply knowledge of cosmetic products and tools for nail augmentation and nail art services	NT4042		
Perform nail augmentation services	NT4043		
Demonstrate and apply knowledge of contraindications for manual facial and skin care services		BT4041	
Demonstrate and apply knowledge of contraindications for basic facial electrical treatments		BT4042	BT5031
Perform a facial treatment		BT4043	
Perform enhancement services to the appearance of eyebrows and eyelashes		BT4044	
Perform basic facial electrical treatments		BT4045	BT5032
Perform a make-up service		BT4046	
Demonstrate and apply knowledge of cosmetic products for facial and skin care services		BT4047	
Demonstrate and apply knowledge of contraindications for advanced beauty electrical treatments and advanced beauty therapy services			BT5033

Course Name	NZ3443	NZ3444	NZ3445
Perform advanced facial electrical treatments and advanced facial beauty therapy services			BT5034
Perform nail art services	NT4051		
Demonstrate and apply knowledge of contraindications for hair removal services		BT4051	
Demonstrate and apply knowledge of contraindications for advanced hair removal services			BT5041
Demonstrate and apply knowledge of contraindications for body care services		BT4052	
Perform waxing treatments		BT4053	
Demonstrate and apply knowledge of cosmetic products for manual hair removal body care services		BT4054	
Demonstrate and apply knowledge of cosmetic products for body care services			
Perform a Swedish body massage		BT4055	
Perform body wraps and exfoliation treatments		BT4058	BT5042
Perform spray tanning services and demonstrate knowledge of tanning services theory		BT4059	
Perform advanced body electrical treatments			BT5043
Perform a short-wave diathermy electrology treatment		BT4111 (Optional)	BT5051
Perform a blend galvanic electrology treatment		BT4112 (Optional)	BT5052

Course Name	NZ3443	NZ3444	NZ3445
Demonstrate knowledge of selected human anatomy and physiology in a nail technology context	NT4061		
Demonstrate knowledge of the anatomy and physiology of the skin...	NT4062	BT4081	BT5081
Demonstrate knowledge of the anatomy and physiology of the nail...	NT4063	BT4082	BT5082
Demonstrate knowledge of the anatomy and physiology of the hair...	NT4064	BT4083	BT5083
Demonstrate knowledge of human anatomy and physiology in a beauty industry context		BT4061	BT5061
Demonstrate knowledge of electricity and basic physics in a beauty industry context		BT4062	BT5062
Demonstrate and apply knowledge of diseases and disorders of the nail and related to the nail in a nail technology context	NT4071		
Demonstrate and apply knowledge of basic nutrition to provide nutritional advice in a beauty industry context		BT4071	BT5091
Create, monitor and revise nutritional plans for clients in an advanced beauty industry context			BT5092
Demonstrate reception skills and services in a beauty industry context	NT4081	BT4091	
Demonstrate client sales and transaction services in a beauty industry context	NT4082	BT4092	
Demonstrate knowledge about contributing to the operation of a small beauty sector business	NT4091	BT4101	BT5071
Design a layout plan for a clinic and create a basic business plan, including costings and resources	NT4092		
Demonstrate knowledge about managing the operation of a small beauty sector business			BT5072