



**The National School
of Aesthetics**



The National School of Aesthetics
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Disclaimer: This Student Handbook and the contents within were correct at the time of printing. We reserve the right to alter any information as listed in this Student Handbook or on our Web site. While every effort is made to ensure the information presented is up-to-date and accurate, this Student Handbook should only be indicative, and students should check the Downloads section on our Web site for the current version of this document. Some dates within this document are indicative and may be subject to change. Some information may be subject to approval and / or audit by external agencies.



Extra Expenses

Extra expenses are course-related costs in addition to your programme fees. Extra expenses may be purchased at the school, through a partner organisation, through a specific supplier, or through one of many stores. In some cases, you may need to pay these extra expenses from your own money. **Please ensure you can afford the programme fees and extra expenses before enrolling.**

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About Extra Expenses

Extra expenses are course-related costs above and beyond your [programme fees](#). We cover extra expenses in our course information pack, but this document gives you further information on them, like where to purchase them and why you need them. **You need to pay us or the supplier in full for the goods before we will give them to you.**

Before your first day of class, we will email you invoices from us for your programme fees and school-related extra expenses.

You can find more information on programme fees and extra expenses at www.nasa.co.nz

About the Extra Expenses Tables

The extra expenses tables detail which items you are required to purchase for your programme. These tables are located on the next two pages. Information on individual items is located in this document.

- | | |
|--|--|
| NaSA extra expenses | <ul style="list-style-type: none">• Must be purchased from the National School of Aesthetics• You will be emailed an invoice for your programme fees and extra expenses before the first day of the programme.• Must be paid for on or soon after the first day of class• Can be paid online (via Xero or internet banking) or in person (cash, credit cards, EFTPOS) |
| Aesthetics Importing extra expenses | <ul style="list-style-type: none">• Aesthetics Importing is a separate company from The National School of Aesthetics.• Must be purchased from Aesthetics Importing• You will be emailed an invoice for your extra expenses before the first day of the programme.• Must be paid for on or soon after the first day of class• Can be paid online (via Xero or internet banking) or in person (cash, credit cards, EFTPOS) at the school• Do not contact to pay for <u>before</u> the first day of class |
| External extra expenses | <ul style="list-style-type: none">• Can be purchased from a specific supplier outside the school or any number of suppliers outside the school• Must have required items by the time specified |

These prices are as realistic to the actual cost as possible. We include sources where we can. The National School of Aesthetics bears no liability for changes in prices or requirements.

Do not pay your extra expenses to Public Trust.

2026 Extra Expenses

Extra expenses are course-related costs outside the programme cost. See the Student Handbook for further details.

- For extra expenses related to the **New Zealand Certificate in Beauty Therapy** programme, see the sections titled:
 - » “All Programmes” and
 - » “Both New Zealand Certificate in Beauty Therapy and New Zealand Diploma in Beauty Therapy” and
 - » “New Zealand Certificate in Beauty Therapy”.
- For extra expenses related to the **New Zealand Certificate in Nail Technology** programme, see the sections titled:
 - » “All Programmes” and
 - » “New Zealand Certificate in Nail Technology”.
- For extra expenses related to the **New Zealand Diploma in Beauty Therapy** programme, see the sections titled:
 - » “All Programmes” and
 - » “Both New Zealand Certificate in Beauty Therapy and New Zealand Diploma in Beauty Therapy” and
 - » “New Zealand Diploma in Beauty Therapy”.

All Programmes

Type	Where to purchase	Cost
Successful Application Fee <i>Required and non-refundable</i>		
Successful application fee due at enrolment – every enrolment	NaSA	\$150
Uniform <i>Required unless marked otherwise</i>		
Regulation top (1 required, 2 suggested) sizes 8 - 20 – Roomy fit	Aesthetics Imports	\$94
Regulation top (1 required, 2 suggested) sizes 22 - 26 – Roomy fit	Aesthetics Imports	\$98
Regulation top (1 required, 2 suggested) sizes over 26 – Roomy fit	Aesthetics Imports	Varies
Regulation top (1 required, 2 suggested) – Male variant	Aesthetics Imports	Varies
Regulation black cardigan (NaSA version only)	Aesthetics Imports	\$110
Regulation black business dress pants (no narrow / skinny / jeans)	External supplier	Varies
Sturdy black plain slip-on flat soft-soled shoes (no laces, no embellishments)	External supplier	Varies
Black socks or black pantyhose socks	External supplier	Varies
Computer and Accessories <i>Highly recommended</i>		
Laptop or computer (not Chromebook, smart phone, or tablet)	External supplier	Varies
Printer and print cartridges OR printing at Warehouse Stationary	External supplier	Varies
Workplace First Aid Certificate <i>Required</i>		
Workplace First Aid Certificate (must be NZQA-Approved)	First aid schools	\$195
Implements and Consumables <i>Required and ongoing unless marked otherwise</i>		
Linen kit (a selection of towels) – required once only	External supplier	\$80 - \$410
Roll of cotton pads, bag of cotton buds and box of tissues	External supplier	\$9 (all)
Box of vinyl gloves (box of 50)	External supplier	\$12
Small personal medical kit (Band-Aids, pain killers, eye drops)	External supplier	Varies
International Examinations (ITEC) <i>Optional (you can choose which to sit)</i>		
ITEC Diploma (per diploma – beauty can sit up to 3, nail tech can sit 1)	NaSA	\$562 each
Other Extra Expenses <i>Required</i>		
Student ID Badge – each programme	NaSA	\$15
Public Trust Account Fee – each programme	NaSA	\$42
Pencils, pens, paper, including A5 notebook for procedures – ongoing costs	External supplier	Varies
Binders for notes (2 for beauty cert, 1 for nails or beauty dip) and dividers	External supplier	Varies
Suitcase / carrying case	External supplier	Varies

Both New Zealand Certificate in Beauty Therapy and New Zealand Diploma in Beauty Therapy

Type	Where to purchase	Cost
Implements and Consumables <i>Required and ongoing unless marked otherwise</i>		
Headband – usually required once	Aesthetics Imports	\$15
Facial sponges	Aesthetics Imports	\$10 / pair
1 slanted pair of tweezers (Tweezerman brand) – required once	External supplier	\$50

2026 Extra Expenses

Continued

New Zealand Certificate in Beauty Therapy

Also see the “All Programmes” and “Both New Zealand Certificate in Beauty Therapy and New Zealand Diploma in Beauty Therapy” sections within the Extra Expenses section for further extra expenses.

Type	Where to purchase	Cost
Books <i>Required unless marked otherwise</i>		
4 beauty therapy textbooks	Aesthetics Imports	\$483
Anatomy & Physiology Student Workbook – optional	External supplier	Varies
Implements and Consumables <i>Required and ongoing unless marked otherwise</i>		
Set of make-up brushes (required once) and 2 powder puffs	External supplier	\$80
Eye shadow palette (9+ shades, neutral palette) – required once	External supplier	\$33
Mascara and disposable mascara wands	External supplier	\$45
Nail files (emery board) – Professional size 200-240 grit	Aesthetics Imports	\$1 each
3-way buffer for natural nails	Aesthetics Imports	\$4
Nail polish (Essie Really Red or similar red)	External supplier	\$20

New Zealand Diploma in Beauty Therapy

Also see the “All Programmes” and “Both New Zealand Certificate in Beauty Therapy and New Zealand Diploma in Beauty Therapy” sections within the Extra Expenses section for further extra expenses.

Type	Where to purchase	Cost
Books <i>Required unless marked otherwise</i>		
1 beauty therapy textbook	Aesthetics Imports	\$125
Implements and Consumables <i>Required and ongoing unless marked otherwise</i>		
Card of probes (10 probes per card)	Aesthetics Imports	\$15

New Zealand Certificate in Nail Technology

Also see the “All Programmes” section within the Extra Expenses section for further extra expenses.

Type	Where to purchase	Cost
Books <i>Required unless marked otherwise</i>		
1 nail technology textbook	Aesthetics Imports	\$226
Nail Technology Kits and Supplies <i>Required and ongoing unless marked otherwise</i>		
Basic nail technology kit – required once only	Aesthetics Imports	\$390
Acrylic nail technology kit including practice hand – required once only	Aesthetics Imports	\$420
Gel nail technology kit including dipping supplies – required once only	Aesthetics Imports	\$1029
Replacements for nail files, acrylic and gel nail technology kits (ongoing)	Aesthetics Imports	Varies
International Examinations (ITEC) <i>Optional</i>		
ITEC Diploma in Nail Technology	NaSA	\$562

Notes

- Please **create a realistic budget before applying** to ensure you can afford it: include accommodation, transportation.
- The costs and items we list are as accurate as possible and were accurate as of 13 August 2024. We bear no responsibility or liability for changes in prices or requirements.
- **Student Handbook and Students section on our Web site:** You can find more information on some items and accommodation in our Student Handbook (www.nasa.co.nz/downloads/#student-handbook) and the Students section on our Web site (www.nasa.co.nz/students/).
- **Where to purchase / suppliers:** Some extra expenses you purchase through us (Aesthetics House Limited trading as The National School of Aesthetics also known as NaSA). You also purchase some extra expenses through Aesthetics Importing (see below). Where the “Where to purchase” column states “External supplier”, this means you may be able to source them from multiple stores. It is up to you to make sure you get the right extra expenses for the best price available, so it may pay to shop around.
- **Aesthetics Importing is a separate company from The National School of Aesthetics.** You pay for and collect books, et cetera, from Aesthetics Importing on or after the first day of the programme from our campus except your uniform top.
- Before you start the programme, you will receive invoices from Aesthetics House Limited trading as The National School of Aesthetics: one for programme fees, another for extra expenses. You will also receive invoices from Aesthetics Importing: one for extra expenses, another for your uniform. You will also receive a statement with any payments received.
- **Successful application fee:** Every successful applicant must pay the successful application fee upon each enrolment. This cannot come from a student loan.
- **Regulation uniform top:** Based on Aesthetics Importing 2025 prices as quoted on 14 August 2025. Buy via NaSA.

2026 Extra Expenses

Continued

Notes (Continued)

- **Computer and accessories:** Students need a computer (desktop or laptop) to complete case studies and other written (typed) assessments. They require a printer as well (or get printing done at someplace like Warehouse Stationery) to turn their case studies or other assessments in by hand, where and when required.
- **Workplace First Aid Certificate:** Based on St John's price on 9 August 2025.
- **Linen kit (excluding headband)** was priced between \$80 and \$160 for the New Zealand Certificate in Nail Technology, \$205 and \$410 for the New Zealand Certificate in Beauty Therapy, and \$165 and \$330 for the New Zealand Diploma in Beauty Therapy from Briscoes: Galaxy Real Living Bath Towels (bath towels), Galaxy Real Living Hand Towel (hand towels), Galaxy Big N Soft Spa Towel (spa towel / bath sheet) and Urban Loft 225TC Polycotton Flat Sheet (single sheet) on 14 August 2025. The higher price on linen kits reflects twice as many towels and sheets for students who have issues drying their linen kit overnight and therefore will need a second set of sheets to be prepared for class.
- **Consumables:** Cotton pads, cotton buds, and tissues were priced at \$2.00 per pack (Help @ Hand Cotton Pads Make Up 80 pack), \$5.00 per pack (Swisspers Cotton Buds Cosmetic Tips 100 pack), and \$2.10 per box (Essentials Tissues Facial 224 pack) respectively from Woolworths on 9 August 2025.
- **Medical kit:** We are not allowed to administer medication (Panadol, Ibuprofen, et cetera), so you will need to bring your own.
- **International examinations** are based on proposed 2026 prices. These can increase from 2% to 5% from the year before and are also dependent on a stable exchange rate.
- **ID badge and Public Trust Account Fee:** You will need to pay for a new ID badge and a new Public Trust Account Fee for each programme. Even if you are enrolled in both the New Zealand Certificate in Beauty Therapy and the New Zealand Diploma in Beauty Therapy, you will need to pay for one ID badge and one Public Trust Account Fee for the certificate programme and another ID badge and another Public Trust Account Fee for the diploma programme.
- **Textbooks:** You will need to purchase your required textbooks directly from us to ensure they are the correct version and printed in the same batch. This also allows you to highlight and write notes in the books yourselves and keep them for later reference.
- A **basic makeup brush set** can vary in price. Some students already have their own kits, which are fine for classroom use as long as they meet requirements. Revlon Cosmetic Brush Set (makeup brush set) was priced at \$63.50 at Farmers on 9 August 2025. xoBeauty Ultrasoft Powder Puff 4 pack (powder puffs) were priced at \$15.99 at Farmers on 9 August 2025.
- **Eyeshadow palette** was priced at \$32.99 (Chi Chi 9 Shade Palette - Soft Nudes) from Farmers on 9 August 2025.
- **Mascara** was priced at \$33 (Maybelline Lash Sensational Washable Mascara Blackest Black) from Farmers, and disposable mascara wands were \$12 (Makeupplus Disposable Mascara Wands) from Minifines on 9 August 2025.
- **Nail files** were priced around \$1 for one 200-240 grit nail file from Aesthetics Importing on 15 August 2025.
- **Three-way buffer** was priced around \$4 for a 400/600 buffer from Aesthetics Importing on 15 August 2025.
- **Nail polish** was priced \$20 (Essie Really Red) from Farmers on 9 August 2025.
- **Tweezers** were priced at \$50.21 for Tweezerman brand Slant Tweezer from Adore Beauty (adorebeauty.co.nz) on 9 August 2025.
- **Box of gloves** were priced at \$12 for Ace Disposable Gloves Vinyl (50 count) from Woolworths on 9 August 2025.
- **Nail technology kits:** These were reorganised into 3 distinct kit types for 2026: basic, gel, and acrylic. Prices based on supplier information on 15 August 2025.
- You may need to **refresh, restock or replace some extra expenses** over time. We cannot give you an estimate on costs as this can vary from student to student and how well they maintain their equipment or go through their stock.
- External prices were priced, in some instances, from a low- to moderate-cost source. These are estimates only, and we bear no responsibility for fluctuations in these prices.
- These items do not include some products or equipment for home use or study.



Uniforms

Item	Where to buy	Required or optional	Notes
Regulation uniform top	Aesthetics Importing via NaSA	Required	• 2 recommended – 1 in wash, 1 to wear • Should have enough room to move freely • Get fitted at least 3 weeks before the course from the National School of Aesthetics • No second-hand / variants allowed
Regulation cardigan	Aesthetics Importing via NaSA	Strongly recommended	• Must be regulation cardigan • No other variants allowed
Business dress pants	Clothes store (Farmers)	Required	• Black business dress slacks with normal to boot / slightly flared cut • No tight-fitting or extremely flared slacks • No jeans, no leggings, no haram pants • Must be full length pants (no 3/4 or 7/8 pants) • Should be able to crouch and deliver body massage in them
Socks	Clothes store	Required	• Black socks • <i>If pantyhose socks – black</i>
Shoes	Shoe store	Required	• Plain, black, slip-on • Flat, soft-soled, sturdy leather • No fabric shoes • No laces, no high heels • No embellishments (bows, buckles, etc) • Plain black Sketchers are okay (see example)

Photos of acceptable uniforms, shoes, and grooming can be found on our Web site at:

www.nasa.co.nz/students/during-your-course/uniform-and-hygiene/ The top is now black.

See the Rules and Regulations at the end of the Handbook for restrictions on **jewellery, piercings, hair, makeup**, and so on.

We have included photos of the uniform in the Student Handbook. They are:

- [Example of Regulation Uniform Top](#)
- [Example of Regulation Hair Style](#)
- [Example of Regulation Makeup](#)
- [Example of Regulation Jewellery](#)
- [Example of Acceptable Business Dress Pants](#)
- [Example of Regulation Socks](#)
- [Example of Regulation Shoes](#)

Example of Regulation Uniform Top, Hair, Makeup, and Jewellery



Example of Acceptable Business Dress Pants, Socks, and Shoes



Example of Acceptable Dress Shoes



Example of Acceptable Sketchers Brand Shoes



The student in this photo is holding up her pants to show the style of the shoes. The length of these pants as shown are not acceptable.



Computer, Software and Printer

Item	Where to buy	Required or optional	Notes
Computer or laptop	Electronics store	Highly recommended	- Use this device for assignments, case studies, portfolio work, take notes, and more - We will supply you with a student edition of Microsoft Office 365. - This should not be a tablet or smart phone. - Most Google Chromebooks do not work with our forms either.
Printer	Electronics store	Highly recommended	- Use this device to print off your assignments, case studies, portfolio work and more - Speak with your tutor first regarding whether you need to submit electronically or by paper Alternative: You get your printing done at a store like Warehouse Stationary
Printer cartridges	Office supply store or electronics store	Highly recommended	- Dependent on the type of printer you buy, you will need replacement printer cartridges - Speak with your tutor first regarding whether you need to submit electronically or by paper

We highly recommend you have these items so you can complete your assignments and projects, case studies, portfolio work (nail technology students only), take notes, and so on.

Some tutors require you to complete your assessments electronically and upload them to Teams or a similar platform. Neither a cell phone nor a tablet (including many Google Chromebooks) may be able to process the macro Word documents, so it will be vital for you to have access to a computer or laptop.

You are not required to buy a new computer or laptop with new software if you have a computer or laptop already. We do suggest you make sure the word processing application you use is Microsoft Word 365 as the case study templates have been created in that application.

Workplace First Aid Certificate

You must have a valid Workplace First Aid Certificate throughout your time studying with the National School of Aesthetics. This is an NZQA requirement.

Provider	Contact Details	Acceptable Certificate
City First Aid Training	info@cityfirstaid.co.nz 0800 277-222	Foundation First Aid Certificate
First Aid and CPR Training (FACT)	training@factco.nz 0800 FACT Co	Everyday Workplace First Aid
Life Care Consultants	info@lifecare.co.nz 0800 493-559	Foundation First Aid Certificate
Red Cross New Zealand	firstaid@redcross.org.nz 0800 733 27677	Essential First Aid
St. John New Zealand	enquiries@stjohn.org.nz 0800 785-646	First Aid Level 1

FACT offers a discount to our students. Please speak with the Student Liaison Officer regarding this.

Providing Evidence You Have a Workplace First Aid Certificate

To prove you have a current workplace first aid certificate, you will need to:

- If your first aid training provider emails you a copy of your workplace first aid certificate, forward the email to our Student Liaison Officer on info@nasa.co.nz; or
- Scan a clear, squared copy of the original of your workplace first aid certificate and email it to the Student Liaison Officer on info@nasa.co.nz; or
- Show the Student Liaison Officer the original of your workplace first aid certificate and ensure a photocopy is taken for school records; or
- Show the Student Liaison Officer the original of your wallet-sized workplace first aid certificate (card-sized) and ensure a photocopy is taken for school records; or
- Bring the Student Liaison Officer a suitable photocopy of your workplace first aid certificate for school records.

Keeping Your Workplace First Aid Certificate Current

If your workplace first aid certificate expires while you are studying with us, you will need to replace it before the due date below to ensure it remains current.

Your workplace first aid certificate expires:	Between the start of term 1 and the end of term 2	Between the start of term 3 and the end of term 4
Your replacement workplace first aid certificate is due to us by:	The first day of term 1	The first day of term 3

Implements and Consumables

Item	Where to buy	Notes
Consumables	Supermarket Pharmacy Beauty supplier	• Bag or box of cotton buds • Roll of cotton pads • Box of unscented facial tissues • Box of correctly sized vinyl gloves
Small medical kit	Chemist	• Band-aids, Panadol, medical remedies
Makeup and nail products <i>Beauty therapy certificate only</i>	<u>Combined Salon Suppliers</u> <u>Minifies</u> <u>Farmers</u> Pharmacy Beauty supplier	• Eyeshadow palette ○ At least 9 shades ○ More neutral palette for learning ○ Revolution, ChiChi, Morphe are good brands available at Farmers, Mecca and online stores.
		• Mascara ○ Maybelline or another well-known brand is acceptable. • Disposable mascara wands
		• <u>Makeup brushes</u>. To include: ○ Foundation brush ○ Powder brush ○ Blusher brush ○ 2 eyeshadow brushes ○ Lip brush ○ Brow comb ○ Any add-ons as wanted • 2 x powder puffs • If you have a set, do not buy more.
		• Nail polish ○ Essie Really Red or similar red ○ Essie is available at Farmers
Nail files <i>Beauty therapy certificate only</i>	Aesthetics Importing	• Nail files ○ Emery boards only ○ Professional size Black 200-240 grit
		• <u>3-way nail buffer</u>

Item	Where to buy	Notes
Tweezers <i>Beauty therapy only</i>	Beauty Bliss Cosmetologists Style HQ Search Google for other suppliers	• 1 pair slanted • Tweezerman or LaVaque brand highly recommended
Sponges <i>Beauty therapy only</i>	Aesthetics Importing	• Pair for facial and body work
Electrology probes <i>Beauty therapy diploma only</i>	Aesthetics Importing	• You must purchase additional probes throughout the year
Nail technology kits and hand <i>Nail tech only</i>	Aesthetics Importing	• Basic nail technology kit • Acrylic nail technology kit • Gel nail technology kit • Practice hand

Linen Kit

Linen Item	Colour	Beauty Certificate	Nail Technology	Beauty Diploma
Bath towels	- Any solid colour except white Same colour Dark colour highly suggested No patterns No stripes	4	2	2
Hand towels		5	4	5
Bath sheets / Spa towels		1		1
Single-sized cotton (non-fitted) bed sheet		1		1
Headband		1		1

You must wash your linen kit after class in preparation for the next day's classes.

If you are unable to dry your linen kit overnight due to not having a dryer or adverse weather conditions, you may need to buy a second linen kit so you are prepared for class.

We highly suggest inexpensive towels as they are cheap then to replace if you stain them. You can purchase them through Briscoes, Farmers, Kmart, Bed, Bath and Beyond, the Warehouse, or wherever has towels inexpensive and / or on sale.

Headbands are available through the National School of Aesthetics.

Other Required Extra Expenses

Item	Where to buy	Notes
Student ID Badge	National School of Aesthetics	- For ID purposes, needed for assessments - You will need a new ID badge for each new programme you are enrolled in
Public Trust Account Fee	National School of Aesthetics	- Covers the cost of the Public Trust account set up in your name - You will need to pay for a separate Public Trust Account Fee for each programme you are enrolled in
Stationary	Stationary shop	- Pens, pencils, A4 paper, ring binders for notes - Coloured pencils and dividers for binder (beauty therapy usually needs 12 or more, nail tech needs 1 packet) 2 ring binders for beauty, 1 ring binder for nails
Tupperware box	Supermarket	For main consumables (small)
<u>Suitcase / Carrying case</u>	Luggage shop	- Carry-on case with wheels suggested - No larger than 80 h x 50 w and 40 d (cm)

Other Costs

Be aware of other costs you may have towards this programme, such as product kits you want for practice at home, transport, accommodation, childcare fees, and so on. Make a budget and figure out your income and expenses to ensure you have the proper resources to engage fully in your training.

Recommended Items

Tutors and team members may also recommend other items for both school and home use.

You are under no obligation to buy these items, but we require you to practice routines and treatments off-campus. You will need to purchase products and items to do this. You also will need to study effectively off-campus, and we may recommend study guides to help you with this.

Books

You must purchase all books required for your programme from Aesthetics Importing.

All books are available for purchase through Aesthetics Importing. Please see which books are compulsory for your programme in the list in the table. As versions of the books can vary, you are required to purchase your textbooks through Aesthetics Importing unless instructed otherwise, ensuring you have the correct versions.

Recommended Reading Lists

Many textbooks and other reading material are available for the courses we offer, and we may offer a recommended reading list for you to either purchase the books from a third-party supplier or borrow them from the public library (if the books are available).

For the New Zealand Certificate in Beauty Therapy programme, we highly suggest the *Anatomy & Physiology Student Workbook* by Kate L Tierney, ISBN-13 978-1468175806. This is relatively inexpensive for a Kindle version.

International Qualifying Examinations

There's more about international examinations in [the International Examinations section](#).

International qualifying examinations are optional but highly recommended. Some students sit all examinations while others only one; the choice is yours.

You apply for international examinations through us. Please see [the Important Dates section](#) for application due dates. Please note that some examinations may not be available dependent on student numbers and international examining bodies trips to New Zealand.

Exam dates listed in this document are indicative only and are subject to change. Fees for international examinations vary.

International qualifying examinations are considered an extra expense and the costs cannot be drawn down from the course cost section of the student loan (as they are not compulsory).

Our Education and Training Team will discuss these international examination options more in-depth with your class later in your programme.

When You Need These Extra Expenses

This section tells you when you need to have these extra expenses by. Please refer to [the Extra Expenses tables](#) to see which specific items are related to your programme as items for all programmes are listed here.

Before You Start the Course, You Will Need:

	Beauty Certificate	Nail Technology	Beauty Diploma
Your uniform	X	X	X
Your linen kit (except the headband)	X	X	X
Your implements and consumables (excluding nail files and buffers, and sponges)	X	X	X
Your stationary	X	X	X
Your suitcase / carrying case	X	X	X
Your Workplace First Aid Certificate	X	X	X
Your computer or laptop	X	X	X
Your makeup brushes and related supplies	X		
Your eyeshadow palette, mascara, mascara wands and nail polish	X		

Continues next page

Within the First Few Days of Your Course, You Will Need:

	Beauty Certificate	Nail Technology	Beauty Diploma
Student ID badge	X	X	X
Public Trust account fee	X	X	X
Books	X	X	X
Nail files and buffers	X		
Electrology probes			X
Headband	X		X
Sponges	X		X
Nail technology kits (with practice hand and nail files)		X	

Some items may not be immediately available after payment.

Within the First Few Weeks of Your Course, You will Need:

	Beauty Certificate	Nail Technology	Beauty Diploma
Any other consumables or extra expenses you may need	X	X	X

Special Notes

- If you require medical clearance for a physical or mental health issue to attend the programme, please either see your doctor or an appropriate medical professional.
- If you require diagnosis of a suspected learning disability, please contact the school or your local Citizens Advice Bureau for guidance.
- If you need child care for your child, check Google or Yellow for more information.
- If you need budgeting advice or other purposes, the Citizens Advice Bureau is available on 0800 FOR CAB (0800 367-222) or www.cab.org.nz.
- Workplace First Aid Certificates are due by the day you start the course, so to avoid disappointment, book your course well in advance. You do not book this through us.
- **You cannot take time off the programme to attend First Aid Training!** Complete first aid training in your own time and don't leave it to the last minute.
- Your Workplace First Aid Certificate must be valid beyond the course end date.
- You will need to pay for international examinations by the due date.
- For Clinic Days, we supply linen and consumables for treatments on paying clients.

We strongly encourage you to:

- **Ensure your immunisations are up to date.**
- **Get the flu shot when it is available.**
- **Get the COVID-19 vaccination when needed.**

Illness can spread very easily through an educational environment.

Accommodation and Flatting

Please see www.nasa.co.nz/info/accommodation/ for updates.

Suggested Accommodation Providers and Search Portals

We have not assessed the suitability of these for students at the time of printing.

Accommodation Providers

Accommodation Provider	Contact Information	
Ilam Student Accommodation – UniLodge	Ilam Student Accommodation 2 Homestead Lane Ilam Christchurch 8041	Phone: +64 3 266 0400 ilam@unilodge.co.nz
	Web: www.unilodge.com.au/student-accommodation-christchurch/ilam-apartments	
University of Canterbury Student Accommodation	Dependent on hall	Contact the hall directly
	Web: www.canterbury.ac.nz/life/accommodation/halls-of-residence/about-uc-halls-of-residence/applying-for-a-hall-of-residence	

Contact the individual provider for information on how to apply, availability, characteristics and realistic costs of gaining accommodation with the provider. Please note some providers, like Ilam Student Accommodation, have several options available, and they will be best to discuss these options with you.

Accommodation Search Portals

Accommodation Portal	Web Site
Accommodation for Students	www.accommodationforstudents.com/canterbury/christchurch
Canterbury Studentpad	www.canterburystudentpad.nz/Accommodation

Flatting

Some students rent flats as it is inexpensive and a place to share with other students. International students can gain experience in the day-to-day living of New Zealanders and valuable English skills.

With the University of Canterbury, Ara and various other institutions starting around the same time as us, good flats may be difficult to find.

When you flat, you supply the furniture in many cases. The landlord should supply an oven. Sometimes, the landlord supplies a washing machine and/or a refrigerator. Furnished flats usually cost more.

Visit www.tenancy.govt.nz for detailed information on flatting.

Finding a Flat in Christchurch

- Search Google for rentals available in Christchurch.
- www.trademe.co.nz/property is a good starting point to find rentals.
- Real estate companies like [Harcourts](#) and [Bayleys](#) also have a rental arm to their business.
- Friends and classmates may know of someone looking for a flatmate, so ask around.

Approximate Costs of Flatting

You can find out more information on tenancy costs in specific areas at www.tenancy.govt.nz. You can also use the Sorted Cost of Living calculator on their Web site at www.sorted.org.nz.

According to Tenancy Services, between 1 January 2025 and 30 June 2025, the median market rent for a person flatting with two other people in a three room flat in Riccarton, Christchurch costs approximately \$190 per bedroom per week.

You will also have expenses like:

- Food
- Power
- Bus
- Phone
- Internet
- Clothing, toiletries and make-up

If you are looking at renting a flat or house just for you, rent can vary per week, depending on the area, situation, bedrooms, et cetera. See the [Market Rent section](#) on the Tenancy Services Web site for more information.

Healthy Homes Standards

All private rentals in New Zealand must comply with the health homes standards as of 1 July 2019. These standards are very specific about the minimum standards for heating, insulation, ventilation, dampness and dryness, and draught-stopping in rental properties.

Having a healthy home, whether it's our own or a rental, is important for our overall wellbeing.

You can find more information on the Tenancy Services Web site here:

www.tenancy.govt.nz/healthy-homes/

Tenancy Protection and Issues

If you need advice or help with anything related to tenancy, see Tenancy Services on www.tenancy.govt.nz or contact them on 0800 836-262.